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| Job Title: Physical Therapist | Classification: Exempt # Hrs. Wkly: varied |
| Reports to: Area Manager / Home Health Operations | Date: 6/14 Updated 12/16 |

Position Overview:

Administers to clients, according to physician’s orders, various evaluations and therapeutic procedures and maintains agency records on clients.

Principal Duties:

- **Provides skilled physical therapy in accordance with the physician’s plan of care. Accepts only clients referred by the Area Manager.**
- **Evaluates and assesses the client’s level of functioning by applying diagnostic and prognostic procedures and tests in accordance with Physical Therapy practice guideline. Assists in the development and revision of the plan of care.**
- **Treats clients to relieve pain, develop and restore function and maintain maximum performance using appropriate physical therapy treatments, modalities and procedures as stated in the physical therapy plan of care.**
- **Observes, records and reports the client’s reaction to treatment and any change in the client’s condition to the physician and/or clinical nurse manager and other staff involved.**
- **Instructs and advises clients, family and other health team personnel including, when appropriate, home health aides, in the phases of physical therapy in which they may assist the client; instructs all of the above in the use of prosthetic and orthotic devices and durable medical equipment, as appropriate.**
- **Cooperates and consults with appropriate staff to provide staff education when requested and arranged by the clinical nurse manager.**
- **Evaluates, and regularly reevaluates, the rehabilitation needs of the client; initiates, develops, implements and makes necessary revisions of the client’s plan of care.**
- **Initiates diagnostic, preventive and rehabilitative procedures as appropriate to the client’s care and safety. Makes referrals to other disciplines as indicated by the needs of the client or documents rationale for not doing so.**
- **Observes signs and symptoms and reports to the physician and/or other appropriate health professionals as often as needed or as changes in the client condition require.**

- Assists with the coordination of the total plan of care and maintains continuity of client care by communicating with other health team members assigned to the same clients. Participates in multidisciplinary conferences. Initiates client care conferences for complex and/or multidisciplinary clients when appropriate to ensure coordination of care.
- Supervises and teaches the home health aide. Assess the client's need for unskilled care every two weeks and revises the plan of care as appropriate. Communicates plan of care changes to the aide and Clinical Nurse Manager as often as necessary.
- Develops, prepares and maintains individualized client care progress records with accuracy, timeliness and according to policies.
- Participates in the agency's quality improvement program.
- Keeps abreast of physical therapy trends and knowledge for service provision, documentation and care coordination. Participates in in-service programs.
- Supervises the physical therapy assistant. Assess the client's ongoing need for Physical therapy services. Communicates changes to PT plan of care to the clinical nurse manager as needed.

Qualifications and Skills:

- Licensed in the State of Delaware as a Physical Therapist.
- Demonstrated knowledge and skills necessary to provide care to and communicate with primarily the geriatric population, and to a lesser degree, the pediatric and adult populations.
- Demonstrated knowledge of the principles of growth and development over the life span.
- Able to assess data reflecting the client's status and interpret the appropriate information needed to identify each client's requirements relative to their age-specific needs.

Physical Demands/Environment:

- Must be able to adapt to client status and needs.
- Occasional schedule changes due to client condition, and/or new clients.
- Possible infections from clients and possibility of unsafe neighborhoods.